

Chicago Catholic League Indoor Track and Field Championships

March 19, 2023 Gately Indoor Track 12:00-6:00 PM

Time Schedule

12:00 PM Facility open for teams to arrive

12:30 P.M. Coaches Meeting

1:00 Field Events Begin:

On main pit runway:

Varsity Long Jump: 4 jumps, 2 flights, flight list order, no finals, followed by

Frosh/Soph Long Jump: 3 jumps, flight list order, no finals, followed by

Varsity Triple Jump: after Long Jump, 4 jumps, 2 flights, flight list order, no finals, followed by

Frosh/Soph Triple Jump: after Long Jump, 3 jumps, flight list order, no finals

Varsity High Jump first (5'00" 1.55m), followed by Frosh/Soph (4'8" 1.40m)

Varsity Pole Vault first (8'00" 2.44m), followed by Frosh/Soph (6'6" 1.98m)

Varsity Shot Put first, 2 flights, followed by Frosh/Soph

1:30 Frosh-Soph Prelims 60m High Hurdles: top 8 advance to finals. (2 Heats) Varsity Prelims 60m High Hurdles: top 8 advance to finals. (2 Heats)

1:45 F/S 3200m Run, Heat 1 (Combined – frosh/soph & varsity)

2:00 F/S Prelims 60m Dash: top 8 advance to finals. (3 Heats) Varsity Prelims 60m Dash: top 8 advance to finals. (4 Heats)

2:20 Open 1600m Run (Hand timed)

2:30 F/S 3200m Relay 1 Heat Varsity 3200m Relay 1 Heat

2:45 3200m Run Varsity 3200m Run 1 Heat

3:00 F/S 60m High Hurdle Finals 1 Heat Varsity 60m High Hurdle Finals 1 Heat

3:15 F/S 60m Dash Finals 1 Heat Varsity 60m Dash Finals 1 Heat

3:25 F/S 800m Run 2 Heats Varsity 800m Run 3 Heats

3:45 F/S 800m Relay 2 Heats Varsity 800m Relay 3 Heats

4:00 F/S 400m Dash 4 Heats Varsity 400m Dash 4 Heats

4:25 F/S 1600m Run 1 Heats Varsity 1600m Run 2 Heats

4:50 F/S 200m Dash 4 Heats Varsity 200m Dash 4 Heats

5:20 F/S 1600m Relay 2 Heats Varsity 1600m Relay 2 Heats

5:45 P.M. Awards

Championship Officials

Starters:

Referee and Officials Coordinator: Kerry Dean

Clerk: Bill Gleeson, Brother Rice

IHSA Officials:

Meet timing and management: Eric Yates, Lakeshore Athletics Services

Shot Put: Marmion, Montini, DePaul

Pole Vault: Providence, Loyola, Ignatius

High Jump: Fenwick, Brother Rice

Long Jump: St. Rita

Triple Jump: Loyola, St. Laurence

Games Committee: Ignatius,

A special thank you to the staff at the Gately Track and Field Center!