Dear Coaches,

Welcome to the 22-23 Track & Field/CC season, hope everything has been well with you all & that you enjoyed your summer!

Here at CSU we are in the midst of hosting the 2nd edition of the Windy City Invitational track and field indoor meet on Friday-December 2nd, 2022 & would like to extend the invite to each of you.

Location: Gately Stadium @ 810 E 103rd St Chicago, IL 60628

Time: 3:30pm CT (Scheduled Event)

Things to know:

- Gately track is a world-class facility with the area's first hydraulically banked 200-meter track offering 6 lanes on bank & 8 lanes on 60 m runway, 2 sand pits,etc
- Schools all around, in the states, have attended the facility, presenting quality times
- Offers a 4 lane warm-up area for athletes to prep for events
- Plenty of parking on site- SEE ATTACHMENT FOR INSTRUCTIONS.

If you have any questions regarding the meet, please don't hesitate to contact me. I look forward to hearing from you & seeing you December 2nd at the Windy City Invitational!

**We would love to hear back from you by November 4th on a decision if you will be attending the meet, possibly, or not at all.

To learn more about the meet please see the attachment.

Best,



Mircea Bogdan

Head Coach- Track & Field/Cross Country Chicago State University (CSU) Athletics

C: (313)-515-9393 E: mbogdan@csu.edu

Date: Friday, December 2nd, 2022

Entries: All entries must be received by 5:00 PM on Tuesday, Nov. 29th

Online Entry Date via Direct Athletics - TBA

COLLEGE/UNIVERSITY ATHLETES

• Only enter current collegiate athletes in your Direct Athletics Team Account

- Athletes must be currently eligible for competition for their respective collegiate institution for the 2022-2023 Indoor Track & Field Season
- If your athlete is not eligible or not representing your collegiate institution, they are considered an "Exhibition" athlete
- Enter verifiable marks from the 2020-2022 Indoor & Outdoor Seasons within the TFRRS system
- Entries must be entered via Direct Athletics. DO NOT EMAIL, CALL, FAX ENTRIES

EXHIBITION ATHLETES

- If you are an athlete that is not eligible or not representing your collegiate institution, you are considered an "Exhibition" athlete.
- Exhibition includes post-collegiate, club, redshirt/medical. Current high school age athletes are not eligible for participation (as per NCAA bylaws.)
- Must enter verifiable marks from 2020-2022 season.

Entry Fee: Teams: \$250 per Gender, \$500 Total for Both Men and Women

\$25 per athlete up to the \$250 cap per Gender; Unlimited Entries

Exhibition Athletes: \$30 – Unlimited Event Entries

Make checks payable to: Chicago State University- Track & Field Office

Scratches: Scratches Only. No Additions after the Declaration Period!

Facility: Gately Indoor Track & Field Complex

810 E 103rd St, Chicago, IL 60628

Eight Lane 200 Meter Hydraulic Bank Track - Only 1/4 or 1/8 Pyramid Spikes

Permitted

Tickets: Can be purchased at the meet or by visiting the website: gatelytrackandfield.com

(under EVENTS)



Starting Heights: TBD based on entries

Packets: Pick up at athlete check in table

Timing: Lake Shore Athletics

Results: Posted on TFRRS, Athletic Website gocsucougars.com

Scoring: Non-Scoring Meet

Athletic Training: Certified Athletic Trainers will be on site with ice and heat available

Questions: Direct questions to Mircea Bogdan- mbogdan@csu.edu or 313-515-9393



FINAL SCHEDULE OF EVENTS

*The facility allows team/athletes to warm up-up to 1 hour before the first event starts

FIELD EVENTS **all times are CT

3:00 PM	Women's Long Jump (Men to follow)
3:00 PM	Women's Shot Put (Men to follow)
3:00 PM	Men's High Jump (Women to follow)
3:00 PM	Women's Pole Vault (Men to follow)
4:30 PM	Men's and Women's Triple Jump
5:00 PM	Women's Weight Throw (Men to follow)

RUNNING EVENTS**all times are CT

3:30PM	Women's 60m trials
3:35 PM	Men's 60m trials
3:40 PM	Men's Mile Run
3:50 PM	Women's Mile Run
4:00 PM	Women's 400m
4:05 PM	Men's 400m
4:15 PM	Women's 60m Final
4:20 PM	Men's 60m Final
4:25 PM	Women's 60m Hurdles FINAL
4:35 PM	Men's 60m Hurdles FINAL
4:30 PM	Women's 800m
4:35 PM	Men's 800m
4:45 PM	Women's 200m
4:55 PM	Men's 200m
5:15 PM	Men's 3000m
5:35 PM	Women's 3000m
5:55 PM	Women's 4x400m Relay
6:10 PM	Men's 4x400m Relay

*The facility allows teams to cool down up to 1 hour after the conclusion of the last event.



SEE ATTACHED PHOTO FOR PARKING INSTRUCTIONS

